



SOUTH AFRICA SHORT COURSE CHAMPIONSHIPS

25 – 28 September 2025

Seals Swimming Club | 18 Pine Street | Pietermaritzburg



IMPORTANT MEET INFORMATION

Dear Clubs

We are looking forward to hosting you at this year's SA Short Course Championships. Below are several points that we ask you to please read through which provide information across a few areas and will likely answer any questions you may have.

Pre Meet Pool Availability

Wednesday 24 September | 11h00-18h00 | The facility will close at 18h00

Entrance and Gate Opening Times

- Swimmers to use the marked entrance gate from the car park into the grassed area of the facility
- Spectators to enter through the main glass door entrance

Times: The schedule below is based on the preliminary Session Report that has already been circulated. Times are subject to alteration and will be announced

	Gates Open	Heats Start (Women)	Heats Start (Men)	Gates Open	Finals Start
Thursday 25	06h00	08h30	11h00	15h00	17h00
Friday 26	06h30	11h45	08h30	15h00	17h00
Saturday 27	06h30	08h30	11h30	15h00	17h00
Sunday 28	06h30	08h30 (mixed)		n/a	14h00

Gate Ticket Prices (payment in Cash, Card or Zapper)

Full 8 Session Season Ticket (Adult) (sold on Day 1 only)	R400	Day Ticket (Adult)	R110
Ticket AM or PM Session (Adult)	R60	Ticket AM or PM Session (10yr/under)	R40
Programmes Heats Women Programmes Heats Men	R30 R30	Programmes Finals	R20

Programmes will be available via the WhatsApp group to all clubs and sold at the above price on request. Coaches/Managers will receive hard copy programmes according to the number of swimmers entered and will be required to sign for them on collection.

Catering & Vendors

Basibean Café will be on site throughout all 4 days with a light meal menu and cool drinks on sale

Seals Club Tuckshop will be open throughout all 4 days with toasted sarmies, wraps, hot chips, cool drinks and snacks on sale

SwimShop and **Swim Elite** will both be at the entire meet with a fully stocked range of costumes, goggles and equipment

Catering for Officials and Coaches

Seals Swimming Club will provide a dedicated hospitality area for our all officials on duty each day and for the visiting coaches. You will find it to the right of the pool at the start end, past the concrete stands.

Please note this area is restricted to Coaches (not managers) and only to Officials who are rostered for that particular day.

- Breakfast will be served from 07h30
- Lunch will be served from 11h30
- Light supper snacks from 15h30
- Tea, coffee, hot chocolate and aQuelle drinks & water will be available throughout the day

Meet Rules

The Competition Rules were distributed in August 2025 and provide all information in full. However, a reminder of some key points are as follows:

1. Technical Officials

- White shirts and navy blue trousers or skirts for FINALS. Navy blue shorts may be worn in HEATS only.
- Where we are short of officials in Finals, we will see which clubs are in Finals and advise them via WhatsApp to produce officials. Finals sessions will not commence until the full quota of officials is reached.

2. Managers Meeting

- **Seals Swimming Club | Wednesday 24 September | 16h00 | Indoor Pool**
- All team managers are to attend the meeting
- All coaches and managers to join the SASC group (via link below or QR code here) notices and results will be posted here throughout the meet:

<https://chat.whatsapp.com/DZHzzSsri1ULVi5rGPwxlx>



3. Late Entries

- These may be submitted at the Managers Meeting **only** for athletes who are already entered into the meet. There will be no other opportunity to submit late entries after the Managers Meeting on 24 September.
- Late entries will be charged at R1,300 (10x the original entry fee) per event entered and must be paid for in cash when submitting the entry. The entry will be captured depending on the availability of lanes.

4. Withdrawals

- Withdrawals may be submitted at the Managers Meeting at no charge. Thereafter, the following applies:
 - **Heats:** These must be received in writing on an official scratching form up to 1 hour before the evening Finals session preceding the Heats.
 - **Finals:** These must be received before the end of the heats session or as notified by the Admin Referee. It would be really helpful if these withdrawals are done as soon as possible after the results are notified, as this would be useful for notifying the alternates for the particular events. **The alternates must report for the finals in case they are needed. Failure to report as a reserve will result in a NS fine.**
 - Withdrawals submitted outside of the published or announced time limit will be fined R200 per event.
- **No Shows (NS)** for a heat or a final will be fined R300. The swimmer may not compete in any other event until the fine has been paid in cash.

5. Events

- Heats sessions will run using 10 lanes.
- Finals sessions will run using 8 lanes.
- All events will run as Heats with A and B Finals, except 800m and 1500m Freestyle.
- B Finals will be offered provided there are 17 or more participants in the heats and at least 4 participants in the B Final.
- 800m and 1500m Freestyle will be Timed Finals and will be swum in the morning session.

6. Medals

- Medal Ceremonies will take place during Finals sessions as directed by the Admin Referee.
- Swimmers must be correctly attired and present themselves in good time

Any venue related queries can be directed to Mary Martens on WhatsApp: 082 563 6767.

All Meet queries to be brought to the Managers Meeting.

Wishing you safe travels to Pietermaritzburg 😊